



NORD COUNTRY SCHOOL

August 2023

Breakfast Menu*

Monday	Tuesday	Wednesday	Thursday	Friday
Benefit Bar Cereals, Fruit Yogurt	Whole Grain Muffin Cereals, fruit Cheddar Cheese	Whole Grain Bagel Cereals, Fruit Yogurt	Benefit Bar Cereals, Fruit String Cheese	Ham & Cheese English Muffin Cereals, Fruit Yogurt

Lunch Menu*

Monday	Tuesday	Wednesday	Thursday	Friday
		16 Chicken Leg Corn on the Cob Bread stick Fruit/Veggie Bar	17 Pizza Day Steamed Broccoli Fruit/Veggie Bar	18 Cheeseburger Baked Beans Watermelon Fruit/Veggie Bar
21 Burritos Hot Corn Chips & Salsa Fruit/Veggie Bar	22 Pasta Bake Garlic Breadstick Fruit/Veggie Bar	23 Turkey & Cheese Sandwich Chips Fresh Pears Fruit/Veggie Bar	24 Pizza Day Green Beans Fruit/Veggie Bar	25 Hot Dogs Cheesy Chili Beans Watermelon Pickle Spears Fruit/Veggie Bar
28 Grilled Cheese Sandwich Celery & P.B. Fruit/Veggie Bar	29 Fish Sticks Tater Tots Corn on the Cob Fruit/Veggie Bar	30 Turkey-Salami-Cheese Sandwich Pita Chips & Hummus Fruit/Veggie Bar	31 Pizza Day Green Pesto Noodles Fruit/Veggie Bar	

1% unflavored & low-fat flavored milk offered with Breakfast and Lunch daily.
Whole Grain Cereal offered daily at Breakfast.

*Menu Subject to change