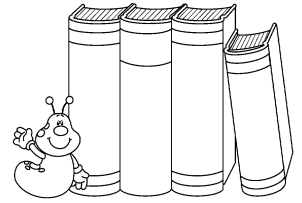




NORD COUNTRY SCHOOL 2022-2023



AUGUST

Breakfast Menu K-8th

Monday	Tuesday	Wednesday	Thursday	Friday
Waffle Fruits and Juices	Breakfast Sandwiches Fruits and Juices	Cereal Fruits and Juices	French Toast Sticks Fruits and Juices	Breakfast Bar Fruits and /Juices

Lunch Menu K-8th

Monday	Tuesday	Wednesday	Thursday	Friday
		<i>Welcome Back</i> 17 CHEESE BURGER Chips Fruit & Veggie Bar	18 PAPA MURPHY'S PIZZA Fruit & Veggie Bar	19 TURKEY SANDWICH Sun Chips Pears & Broccoli
22 CORNDOG French Fries Fruit & Veggie Bar	23 CHEESE QUESADILLA Chips & Salsa Fruit & Veggie Bar	24 BEEF HOT DOG Chili Fruit & Veggie Bar	25 PAPA MURPHY'S PIZZA Fruit & Veggie Bar	26 ORANGE CHICKEN Rice Fruit & Veggie Bar
29 CHICKEN LETTUCE WRAP Chips Fruit & Veggie Bar	30 TACO PIE Mexican Rice Fruit & Veggie Bar	31 CHICKEN DRUMSTICK Mashed Potatoes Roll Fruit & Veggie Bar		

*1 % unflavored milk & fruit or juice served daily with breakfast.

**1 % unflavored & low-fat flavored milk served daily at lunch.



<u>Student Meal Prices</u>	
Just Milk	\$0.50
K-8 Breakfast	\$ 0
K-8 Lunch	\$ 0
Adult lunch	\$3.75
Small Waters	\$0.50
Large Waters	\$1.00

Menus are subject to change.