## Mrs. Falyn Beshwate Seventh Grade Home Room

People say I am artistic and creative. I wish I could do more of those things every day. I love to sew and work on my craft. I like to think of myself as a kitchen witch because food is magical to me~ it heals and warms us from within.

My favorite place to be is alone on a mountain, surrounded by fresh air and the sounds of birds. Now that I am a mother of an amazing two year old, I know 'alone' is a total luxury., and I find it hard to want to be without my son, Gryphon!

I hope to inspire our students to be thoughtful, empathetic, and kind first.

"Climb the mountains and get their good tidings. Nature's peace will flow into you as sunshine flows into the trees."

~John Muir, 1901 fbeshwate@nordk8.org