



NORD COUNTRY SCHOOL

November 2023



Breakfast Menu*

Monday	Tuesday	Wednesday	Thursday	Friday
Benefit Bar Cereals, Fruit Yogurt	WG Blueberry Muffin Cereals, Fruit Cheddar Cheese	Whole Wheat Bagel Cereals, Fruit Yogurt	Benefit Bar Cereals, Fruit String Cheese	WG Chocolate Muffin Cereals, Fruit Yogurt

Lunch Menu*

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Ham & Broccoli Soup Pretzels n' Cheese Fruit/Veggie Bar	2 Pizza Day Pasta Texas Green Beans Fruit/Veggie Bar 5	3 Fish Sticks or Crispy Fish Burger Tater Tots Fruit/Veggie Bar
6 Chicken Tenders Hot Peas & Carrots Spicy Fries Fruit/Veggie Bar	7 Beef Chili Beans Corn Muffin Fruit/Veggie Bar	8 Chicken Noodle Soup Hot Roll Fresh Applesauce Fruit/Veggie Bar	9 Pizza Day Pasta Pears Fruit/Veggie Bar	10 NO SCHOOL
13 Macaroni and Cheese Steamed Broccoli Garlic Toast Fruit/Veggie Bar	14 Corn Dogs Chips Pears/Snap Peas Fruit/Veggie Bar	15 Loaded Potato Sausage Soup Texas Toast Glazed Carrots Fruit/Veggie Bar	16 Roast Turkey Mashed Potatoes Roll and Gravy Green Beans Fruit/Veggie Bar	17 Chef's Choice Fruit Cups Veggie & Fruit Bar
20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL	23 Happy Thanksgiving NO SCHOOL	24 NO SCHOOL
27 Bean & Cheese Enchilada Spanish Rice Fruit/Veggie Bar	28 Pasta Bake Garlic Breadstick Celery / Ranch Fruit/Veggie Bar	29 Chicken Sandwich Corn on a Cob Apricot Delight Fruit/Veggie Bar	30 Cheeseburger Oven Fries Fruit/Veggie Bar	

1% unflavored & low-fat flavored milk offered with Breakfast and Lunch daily.
Whole Grain Cereal offered daily at Breakfast.

*Menu Subject to change