

NORD COUNTRY SCHOOL



October 2024

Breakfast Menu*

Monday	Tuesday	Wednesday	Thursday	Friday
Fresh Baked Whole Grain Muffins Fruit & Fruit Juice Assorted Cereal	Benefit Breakfast Bar Fruit & Fruit Juice Assorted Cereal	European Continental Breakfast Fruit & Fruit Juice Assorted Cereal	Chef Chris's Special Fruit & Fruit Juice Assorted Cereal	Fresh Baked Scones Fruit & Fruit Juice Assorted Cereal

Lunch Menu*

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Noodle Soup with Cheese Monkey Bread Fruit and Veggie Bar	2 Hot Turkey and Cheese Sandwich Whole Grain Chips Homestyle Applesauce Fruit and Veggie Bar	3 Pizza Day!! Pesto Pasta Salad Fruit and Salad Bar	4 Jog Day Hot Dogs WG Chips Fruit and Veggie Bar Dessert Special
7 Chef Chris's Cook-out! "It's Delicious"!!! Fruit and Salad Bar	8 Taco Nada Black Beans and Rice Fruit and Salad Bar	9 Penne and Meatballs with Marinara Caesar Salad Fruit and Veg Bar	10 Pizza Day!! WG Parmesan Garlic Knot and Marinara Fruit and Salad Bar	11 Cheeseburgers Whole Grain Chips Fruit and Salad Bar
14 Grilled Cheese and Tomato Soup with Cheez-it Crackers Fruit and Salad Bar	15 Chicken, Bean and Rice Burritos Chips and Salsa Fruit and Salad Bar	16 Hawaiian Kalua Pork With Rice and Mac Salad Fruit and Salad Bar	17 Pizza Day!!! Pesto Pasta Salad Fruit and Salad Bar	18 All Beef Hot Dogs Chili Beans Fries Fruit and Salad Bar
21 Chicken Alfredo WG Rotini Pasta Green Beans and Bell Peppers Fruit and Salad Bar	22 Beef Chili with toppings and Gold Fish Crackers Cornbread and Honey Butter Fruit and Salad Bar	23 Teriyaki Chicken Legs Fried Rice Sauteed Corn Fruit and Salad Bar	24 Pizza Day!!! Breaded Zucchini and Marinara Fruit and Salad Bar	25 Cheeseburgers Whole Grain Chips Fruit and Salad Bar
28 Mac and Cheese Garlic Broccoli Fruit and Veggie Bar	29 Corn Dogs Seasoned Fries Baby Carrots and Ranch Fruit and Salad Bar	30 Grilled Chicken Club Sandwich Whole Grain Chips Pickle Spears Fruit and Salad Bar	31 Halloween 😊 Pizza Day!! Garlic Bread sticks and Marinara Fruit and Salad Bar	

1% unflavored & low-fat flavored milk offered with Breakfast and Lunch daily.

Whole Grain Cereal offered daily at Breakfast.