The Board of Directors and the staff at Nord Country School welcome you and your child. This handbook is designed to help you and your student(s) get acquainted with NCS. We hope that it will serve as a useful reference to you while your child is enrolled here.
School Beliefs

- High expectations yield greater results.
- The family is the primary influence in the development of the person.
- Learning is a lifelong process.
- Hard work and perseverance develop character and are a foundation for success.
- Tolerance and respect of diversity are essential for a healthy, cohesive society.
- Learning is maximized when instruction is personalized.
- Developing the whole person enriches both the individual and society.

School Mission

Nord Country School’s mission is to create partnerships with students, families, staff and the community in order to provide a safe and inviting environment in which students will experience the best of traditional education with modern approaches.

Teachers

Lexie Aceves – Kindergarten
Sheila Koester – 1st Grade
Monica Hill – 2nd Grade
Rachel Worley – 3rd Grade
Sara Cervantes – 4th Grade
Lisa Arnone – 5th Grade
Kelli Ruley – 6th Grade
Miguel Rosso – 7th Grade
Sheena Sloan – 6/7/8 Grade Science
Lupe Carrillo – Special Education
Monique Dey – Language Arts
Becky Rodrigues - Math
Bri Kerr – Art
Allison Chang – Spanish
Nicole Jarmush – Speech

Staff

Kathy Dahlgren – Principal/Superintendent
Stephanie Hammons – Office Manager
Jesse Meza – Facilities Manager
Lisa Speegle – Chief Business Officer
Lesleigh Brunelle – Instructional Aide K
Sarah Jentler – Intervention Aide
Melissa Maderos – Instructional Aide
Jordan Coffey – Instructional Aide
Hannah Kuiper – Instructional Aide
Daniel Hiemstra – Transportation Manager
Diane Stanfield – Library Aide
Tony Lawrence – Groundskeeper
Board of Directors
Kristy Dailey – President
Hilary Tricerri – Vice President
Todd Lewis – Treasurer
Janet Ellner – Secretary

Daily Schedule

ARRIVAL
7:00 Before School Program
8:00 School Starts K – 8th Grades

RECESS
10:00 - 10:20 K - 2nd Grades - Snack Recess
10:20 - 10:40 3rd - 5th Grades - Snack Recess
10:10 - 10:20 6th - 8th Grades - Break

LUNCH
11:45 K - 2nd Eat then out to play
12:05 3rd - 5th Eat then out to play
12:30 6th - 8th Eat
12:30 K – 2nd Grade classes resume
12:50 3rd – 5th Grade classes resume
1:00 6 - 8th Grade classes resume

DISMISAL
2:30 K - 2nd Grades
2:45 3rd - 5th Grades
3:00 6th - 8th Grades
After School Program
Nord Country School contracts with Butte County Office of Education for the After School Program. This program takes over as soon as school lets out and continues until 6:00 pm. It is necessary to fill out an application each year you want your student(s) to participate in this program.

Middle School Students will be staying at the Middle School area of the campus during the After School Program.

If you have any questions, comments or concerns please call the After School Program at 990-0665. The ASP Coordinator this year is Lisa Lawrie.

Arrival
The Before School Program begins at 7:00 am. Students must go to the cafeteria if they arrive between 7:00 and 7:30. Students arriving after 7:30 may go play outside until school starts at 8:00.

Middle School Student arriving after 7:30 will go up to the middle school campus.

If arriving to school late, parents must come to the office to sign their student(s) in. Student will need a tardy slip before heading to class.

Attendance
Regular school attendance is essential to satisfactory progress. Therefore, we expect students to arrive at school on time every day. It is the parents’ responsibility to notify the school of the dates, duration, and reason for each absence. This can be done by phoning the school office at 891-3138 or by sending in a note explaining the reason for the absence.

Much of the Middle School curriculum consists of simulations, group activities, videos, discussions, etc. that cannot be repeated if the student is not present in class. If your student is going to be absent from class, it is his or her responsibility to seek his or her teacher(s) for any missed assignments and or class notes. All absent work must be completed within 5 days of the child’s return.

A student who is absent without a valid excuse for more than three days shall be declared truant and the parents will be notified.

Student tardiness can also be a serious problem. It deprives the student of valuable instructional time and interrupts the teacher and the class. Tardiness is recorded and parents will be notified if it becomes excessive.
Students leaving campus early for any reason must be signed out in the office.

**Bus Transportation**
Nord Country School provides bus transportation to and from school at no cost on a space available basis. Please check with the office for information on routes, pick up and drop off times as well as availability.

**Cell Phones**
Cell phones are expensive and easily broken. They also can become a source of dispute or conflict. If a student brings a cell phone to school it should be turned off and kept in the student's backpack. Cell phones should not be brought out at any time of the school day, including to call a parent.

If cell phone usage becomes a problem, it will be taken away and kept in the office. The phone may be returned to the student at the end of the day. Nord Country School provides no guarantee that these items will be safe at school.

**Communication**
We believe that effective communication between the family and the school enhances the education of each child. There are ways to help make sure you stay informed of school activities and events.

The Nighthawk Newsletter is our main written communication link with parents. This is sent home with each student every other Monday. The purpose of the Newsletter is to keep parents informed of what is happening at Nord Country School. If you are not receiving your Newsletter, please ask your student about them.

Parent conferences are held for parents of every student in grades K – 5th at the end of the first trimester. Other conferences may be scheduled as needed. Parents are encouraged to confer with teachers whenever there are questions about student academic progress or behavior.

Much of the Middle School curriculum consists of simulations, group activities, videos, discussions, etc. that cannot be repeated if the student is not present in class. If your student is going to be absent from class, it is his or her responsibility to seek his or her teacher(s) for any missed assignments and or class notes. All absent work must be completed within 5 days of the child’s return.

From time to time, other notices will be sent home with students. Some will require answers,
others will not. Please help us in our effort to impress upon students the importance of bringing these notices and bulletins home so you can stay informed.

**Diploma Requirements**

In order to receive a diploma, students must meet the following requirements:

- Student must not fail any class in 8th grade
- Student must pay all outstanding fees
- Student must turn in all textbooks, lock, and clean out their locker

In order to be eligible for all graduation activities, students must follow all academic and discipline polices. Students who receive a suspension in the last trimester may or may not be able to participate in one or more graduation activities.

**Directory Information**

Directory information is personal information about a student which can be made public and includes a student’s name, address, and telephone number as well as other information typically found in a school yearbook or athletic program. Class directories may be given out to a room parent or in the case of a birthday party so a parent can mail invitations. Unless specifically requested otherwise, the school may disclose this information without consent.

**Detention**

Detention may be assigned to Middle School students for incomplete school work, excessive tardies, and/or misconduct. Supervised detention is served after school for 45 minutes from 3:15 – 4:00. A detention form will be sent home at least 24 hours before the detention is to be served. The form must be signed by a parent/guardian and returned to school the next day. Students may have the opportunity to work on missed assignments, campus beautification and/or a writing assignment depending on the circumstance.

**Discipline Plan**

In order to ensure a quality learning experience for all the students at Nord Country School, the following discipline plan has been developed. We feel that each student at Nord is entitled to a safe and respectful school environment. We believe that all of our students can behave in a manner appropriate to school, and that each student will be held accountable for behavior
that disrupts or inhibits the educational process. The overarching rules for behavior are as follows:

Be Respectful
Be Responsible
Be Safe

We believe in providing positive reinforcement for good behavior. Positive reinforcement includes giving golden tickets, commendations and/or giving special rewards.

Behavior that intentionally causes injury to another person is cause for immediate referral or suspension from school. Referrals are due back to school the following day with a parent signature.

Please review the matrix below with your student(s) to help them become aware of the behavior expectations.

See both the K – 5th grade Behavior Matrix and the 6th – 8th grade Behavior Matrix on the following pages.
<table>
<thead>
<tr>
<th>Playground / Recess</th>
<th>Library</th>
<th>Cafeteria</th>
<th>Bathrooms</th>
<th>Classroom</th>
<th>Office</th>
<th>Assemblies</th>
<th>Garden</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Follow all staff directions first time given</em></td>
<td><em>Follow all staff directions first time given</em></td>
<td><em>Follow all staff directions first time given</em></td>
<td><em>Follow all staff directions first time given</em></td>
<td><em>Follow all staff directions first time given</em></td>
<td><em>Approach the desk and address the staff politely</em></td>
<td><em>Follow all staff directions first time given</em></td>
<td><em>Follow Ernie’s directions first time given</em></td>
</tr>
<tr>
<td><em>Use kind words and actions</em></td>
<td><em>Use kind words and actions</em></td>
<td><em>Use appropriate language and volume</em></td>
<td><em>Get in and out as quickly as possible</em></td>
<td><em>Follow all staff directions first time given</em></td>
<td><em>Wait quietly</em></td>
<td><em>During salute, hands on heart and eyes on flag</em></td>
<td><em>Use designated walkways</em></td>
</tr>
<tr>
<td><em>Include everyone</em></td>
<td><em>Use quiet voices</em></td>
<td><em>Respond quickly to quiet signals.</em></td>
<td><em>Use appropriate language &amp; volume</em></td>
<td><em>Use appropriate language and volume.</em></td>
<td><em>Say please, thank you, and excuse me</em></td>
<td><em>Respond quickly to quiet signal</em></td>
<td><em>Listen when others are speaking</em></td>
</tr>
<tr>
<td><em>Respect others personal space</em></td>
<td><em>Treat books appropriately</em></td>
<td><em>Be polite to others.</em></td>
<td><em>Keep the bathrooms clean.</em></td>
<td><em>Follow all staff directions first time given</em></td>
<td><em>Remove hats</em></td>
<td><em>Remove hats</em></td>
<td><em>Put trash in garbage</em></td>
</tr>
<tr>
<td><em>Put all equipment away</em></td>
<td><em>Use shelf marker appropriately.</em></td>
<td><em>Remain seated and wait to be excused</em></td>
<td><em>Flush the toilet.</em></td>
<td><em>Be on time.</em></td>
<td><em>Tell the truth</em></td>
<td><em>Be on time</em></td>
<td><em>Pick only what Ernie &amp;/or Mark allow</em></td>
</tr>
<tr>
<td><em>Use restrooms and get drink before bell</em></td>
<td><em>Return all books on time</em></td>
<td><em>Clean up after yourself</em></td>
<td><em>Report problems.</em></td>
<td><em>Be prepared.</em></td>
<td><em>Show your office pass</em></td>
<td><em>Pay attention</em></td>
<td><em>Wipe your shoes before going back to class</em></td>
</tr>
<tr>
<td><em>Take personal belongings to class</em></td>
<td><em>Keep all food in the cafeteria.</em></td>
<td><em>Keep all food in the cafeteria.</em></td>
<td><em>Throw paper towels in the garbage</em></td>
<td><em>Take care of your personal belongings.</em></td>
<td><em>Return ice packs and rice packs</em></td>
<td><em>Put your bag of food in your locker</em></td>
<td><em>Put your bag of food in your locker</em></td>
</tr>
<tr>
<td><em>Put trash in garbage</em></td>
<td><em>Stack trays neatly</em></td>
<td><em>Wash hands with soap</em></td>
<td><em>Sit in seat safely</em></td>
<td><em>Wipe hands</em></td>
<td><em>Put in seat safely</em></td>
<td><em>Sit or stand appropriately</em></td>
<td><em>Keep hands, feet and objects to yourself</em></td>
</tr>
<tr>
<td><em>Keep hands, feet and objects to yourself</em></td>
<td><em>Use equipment and materials properly</em></td>
<td><em>Stand appropriately in line</em></td>
<td><em>Use classroom materials appropriately</em></td>
<td><em>Wait patiently</em></td>
<td><em>Keep hands, feet and objects to yourself</em></td>
<td><em>Use tools appropriately</em></td>
<td><em>Go into the garden only when Ernie is there</em></td>
</tr>
<tr>
<td><em>Keep hands, feet and objects to yourself</em></td>
<td><em>Walk on the blacktop</em></td>
<td><em>Keep all food to yourself</em></td>
<td><em>Sit on benches appropriately</em></td>
<td><em>Sit on benches appropriately</em></td>
<td><em>Keep hands, feet and objects to yourself</em></td>
<td><em>Sit on benches appropriately</em></td>
<td><em>Put your bag of food in your locker</em></td>
</tr>
<tr>
<td><em>Freeze at the bell, walk to class at the whistle.</em></td>
<td><em>Wash hands with soap</em></td>
<td><em>Keep feet on floor</em></td>
<td><em>Use classroom materials appropriately</em></td>
<td><em>Sit in seat safely</em></td>
<td><em>Keep hands, feet and objects to yourself</em></td>
<td><em>Keep hands, feet and objects to yourself</em></td>
<td><em>Put your bag of food in your locker</em></td>
</tr>
</tbody>
</table>
### Behavior Matrix Middle School

<table>
<thead>
<tr>
<th>Classroom</th>
<th>The Nest</th>
<th>Lunch Time</th>
<th>Bathrooms</th>
<th>PE</th>
<th>Room 11</th>
<th>Farm</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Be Respectful</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><em>Follow all staff directions first time given</em></td>
<td><em>Follow all staff directions first time given</em></td>
<td><em>Follow all staff directions first time given</em></td>
<td><em>Follow all staff directions first time given</em></td>
<td><em>Follow all staff directions first time given</em></td>
<td><em>Follow all staff directions first time given</em></td>
<td><em>Follow all staff directions first time given</em></td>
</tr>
<tr>
<td><em>Respect others property</em></td>
<td><em>Use kind words and actions</em></td>
<td><em>Use appropriate language and volume</em></td>
<td><em>Respect the privacy of others</em></td>
<td><em>Use appropriate language and volume</em></td>
<td><em>Use appropriate language and volume</em></td>
<td><em>Follow Mrs. Sloan’s directions first time given</em></td>
</tr>
</tbody>
</table>
| *Enter quietly* | *Respect others property* | *Share the table* | *Stand quietly in line in ABC order* | *Be polite to others* | *Keep the bathrooms clean* | *
| *Enter only when there is an adult in the room* | *Use good manners* | *Keep the bathrooms clean* | *Refrain from using perfume or cologne* | | | *

| Be Responsible | | | | | | |
| *Be on time* | *Keep belongings in locker and the locker locked* | *Clean up after yourself* | *Flush the toilet* | *Change into PE clothes in 5 minutes and line up where instructed* | *Be on time* | *Close gate behind you* |
| *Come to class ready to learn* | *Throw garbage in the garbage can* | *Report problems* | *Pay attention* | *Pick up after yourself* | *Have permission before going to the farm* | |
| *Take care of your personal belongings* | *Clean up after yourself* | *Throw paper towels in the garbage* | *Pick up after yourself* | | | |
| *Clean up after yourself* | | | | | | |

| Be Safe | | | | | | |
| *Keep hands, feet and objects to yourself.* | *Keep hands, feet and objects to yourself* | *Keep hands, feet and objects to yourself* | *Wash hands with soap* | *Use equipment appropriately* | *Keep hands, feet and objects to yourself* | *Keep hands, feet and objects to yourself* |
| *Use classroom materials appropriately* | *Sit at tables appropriately* | *Stand appropriately in line to get food* | *Keep feet on the floor.* | *Keep feet on the floor.* | *Sit or stand appropriately* | *Use tools and equipment appropriately.* |
| *Use desks and chairs appropriately* | *Walk on sidewalks* | *Only eat your food* | *Sit at tables appropriately* | | *Move tables carefully* | *
| *Walk when inside* | | *Sit at tables appropriately* | | | | *
| | | *Wash hands from the cafeteria* | | | | *Wash hands after being in the farm* |
Dress Guidelines
Appropriate clothes should be worn at school at all times. Inappropriate apparel includes clothing that compromises safety or is disruptive and/or distracting to the school environment and instructional process. Our dress code is simple.

No bare midriffs.
No undergarments showing
No spaghetti strap tops or dresses for students above 2nd grade – straps should be a minimum of 1” wide
No short shorts or skirts – hem should hit between the palm and fingertips (case by case basis). Younger students should wear shorts under their skirts.
No clothing that contains inappropriate graphics or messages.
No flip-flop sandals or sandals that leave most of the foot exposed.
High heeled shoes are strongly discouraged.
No sagging pants that expose underwear.

The school will inform parents in the event that a student's dress or grooming is not appropriate for school. They will be asked to either take the child home to change or bring a change of clothes for him/her.

Staff reserves the right to determine appropriateness of clothing on a case by case basis.

Electives
Middle School students are able to choose two electives each semester. Some electives are semester long while others are yearlong. Students will pick their first, second and third choice between those offered. While every attempt will be made to fulfill a student's first choice, it is not guaranteed.

Emergency Information
A new emergency card is sent home every year on the first day of school for you to fill out and return to the office. In case of illness or injury to a student, every effort will be made to contact the parent by telephone. It is important that your home and business phone numbers as well as emergency numbers are kept current at all times.

Please report changes of phone number or address immediately to the school office.

It is important to tell your child when he/she leaves in the morning if you expect to be away from home for any length of time during the school day. Please see that the office has a number to call in emergencies when you cannot be reached.
If you need to contact your child or take him from school during the school day, please come to the school office to sign him out. We will not release any student to anyone except the parents or legal guardian or emergency contact persons listed on the student's emergency card. The office manager, Mrs. Hammons, will ask for identification if she doesn't know the person asking to sign out a student.

**Lockers**

School lockers are provided for students in grades 2 – 8. Lockers are the property of Nord Country School. Teachers and staff reserve the right to revoke locker use if a student:

- Vandalizes locker or other property of Nord Country School
- Intrudes on others' personal belongings
- Keeps an excessively messy locker

No locks are allowed on lockers for 2nd – 5th graders. For 6th – 8th graders, locks will be supplied by the school and must be returned at the end of the year.

Students need to empty their locker daily. No food should be stored in lockers overnight. Staff is allowed to look in any student’s locker at any time should they deem it necessary. Please help your student understand the importance of bringing their items home on a nightly basis.

**Lost and Found**

Small items of value, such as glasses, jewelry, money, etc., should be taken to the office when found, and may be claimed there upon identification.

Other articles such as clothing, backpacks, etc., are taken to the cafeteria where students may look for and claim them.

It is very helpful if students’ names are written on or sewn in articles of clothing to enable prompt return to the rightful owner. Unclaimed clothing is bagged up and sent to social agencies at the end of each grading period. Please check the lost and found occasionally.

**Meals**

The Nord Country School cafeteria serves breakfast daily for $1.50 and lunch with milk daily for $2.70 and milk, juice or water only for $.50 per day. Students and/or parents may pay Miss Debbie in the cafeteria or pay in advance through the nutrition services department at Chico Unified School District.

Nord Country School participates in the National School Lunch Program. Information on qualifying for Free and Reduced Price Meals and an application was mailed home to each
family in August. If you have not returned the application please do so as soon as possible. Some of our funding is based on the number of students in this program. Please return the form even if you don’t think your child will be eating hot breakfast/lunch. It is possible to apply to the program at any time throughout the year should your income change.

**Mental Health Services**
In order to access mental health services contact Butte County Behavioral Health. In Chico the youth service location is 109 Parmac Rd., Suite 1. Their phone is 530-891-2945.

**Minimum Days**
The fourth Tuesday of most months is a minimum day (please check the school calendar). School is dismissed for all grades at 12:50. The After School Program takes over at that time. On minimum days, you may pick up your child/children at 12:00 when lunch starts if you would like. If your child is not signed up for the After School Program you need to pick them up by 1:00. Due to staff development time, there will be no supervision after 1:00.

The bus runs at the normal time on minimum days.

**P.E.**
All students have PE twice a week. It is important for parents to remember which days their child has PE so that the appropriate play clothes and shoes are worn.

For Middle School students, PE is scheduled on Mondays and Wednesdays. Students are expected to change each day in order to participate fully in the physical education program. Students will be provided a PE shirt. Shorts or sweat pants will be needed as well as appropriate shoes. Dressing down will be a part of the overall PE grade.

**Report Cards**
Report cards come out at different times depending on the grade level.

**Kindergarten – 5th graders:** report cards will be issued at the completion of each trimester. Grades are reported as numbers.

1 = Far Below Standards
2 = Below Standards
3 = Approaching Standards
4 = Meets or Exceeds Standards
Grading Periods

1st Trimester: August 21 – November 1  52 days
2nd Trimester: November 4 – February 28  63 days
3rd Trimester: March 2 – June 3  60 days

Middle School uses California State Standards based on an A – F report card for all classes, including electives and PE. For Study Hall and Independent Work classes, students will receive Credit (CR) or No Credit (NCR).

<table>
<thead>
<tr>
<th>Grade</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>Excellent</td>
</tr>
<tr>
<td>B</td>
<td>Above Average</td>
</tr>
<tr>
<td>C</td>
<td>Average</td>
</tr>
<tr>
<td>D</td>
<td>Below Average</td>
</tr>
<tr>
<td>F</td>
<td>Failing</td>
</tr>
</tbody>
</table>

Progress Reports will be issued at the end of the 1st and 3rd quarters. This is so that parents can see the progress their student is making half way through the semester. Report cards will be issued at the completion of each semester. These are the final semester grades. At any time parents may log in to the parent portal to check on student progress including missing assignments.

Grading Periods

<table>
<thead>
<tr>
<th>Quarter</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Quarter</td>
<td>August 21 – October 18</td>
</tr>
<tr>
<td>2nd Quarter/1st Semester</td>
<td>October 21 – January 17</td>
</tr>
<tr>
<td>3rd Quarter</td>
<td>January 21 – March 27</td>
</tr>
<tr>
<td>4th Quarter/2nd Semester</td>
<td>March 30 – June 3</td>
</tr>
</tbody>
</table>

Rules for Behavior

Cafeteria Rules
1. Stand in line quietly while waiting to be served.
2. Talk quietly at your own table.
3. Keep hands, feet and objects to self.
4. Raise hand to be excused.
5. Clean up your area when you are excused
6. No sharing food

Playground Rules
1. Walk on the sidewalks, blacktop area and climbing structure. Running is only permitted on the grass fields.
2. Contact games are not allowed. (No tackling, wrestling, piling on, riding piggy back, or
other dangerous activities).
3. No exclusion from all activities
4. Students may not climb trees, poles, backstops, backboards, drainpipes, or fence.
5. Ask teacher for permission to leave playground to retrieve a ball.

6. Rubber playground balls are not to be kicked.
7. Play equipment must be used in a safe and appropriate manner
   a. Bars: Students must always have two hands on the bars
   b. Slide/Playground Structure: Slide down on bottom, feet first. Be patient. Take turns
   c. Swings
      i. Remain seated in swing
      ii. Keep both hands on chain
      iii. Swing forward and back (never sideways)
      iv. Jumping out is prohibited while swing is in motion.
      v. When waiting a turn, count to 100 (1 alligator, 2 alligator, 3 alligator, etc.)
      vi. Always consider SAFETY FIRST

Bicycle/Skateboard Rules:
1. Students who ride their bicycles/skateboards/in-line skates to and from school must
   obey all traffic laws. Helmets are mandatory when riding a bike.
2. All bicycles must be parked in the bike racks. Please make arrangements with your
   teacher regarding boards or skates.
3. Bikes are not to be ridden on campus.

Restroom Rules:
1. Students may not play, loiter, read, study, eat, or do school work in the restrooms.
2. Students should take care not to waste paper supplies in restrooms.
3. Only three students may be in any restroom at one time unless otherwise asked by a
   Teacher

Other General Rules:
1. Students may arrive at school no earlier than 7:00 a.m. At dismissal time, students
   are to go home unless they are going to the After School Program.
2. Students must have an office pass to go to the office.
3. The office phone is for school business only. Social arrangements must be made at
   home prior to school.
4. Students may not leave the school grounds during the school day without permission
   from the school.
5. Students may enter a classroom only if the teacher is present.
6. Shoes must be kept on at all times unless students are directed to remove them by a
   teacher.
7. Chewing gum is not allowed at school unless permitted by the teacher
8. Morning snack will be eaten in designated areas. No food is permitted on the
   playground.
9. Cursing, swearing, using abusive language or gestures is not permitted at any time.
10. Spitting spreads disease and is not permitted at any time.

**Speech**
Nord Country School has a Speech Therapist available one day per week. Students may be referred for screening by the classroom teacher. A meeting with the Speech Therapist, the general education teacher, the principal and the parent(s) will occur before a child is included in this program. The Speech Therapist is available for a conference by appointment. Please call the school office at 891-3138.

**Sports**
Middle School students have the opportunity to take part in Nord Country School's interscholastic sports program. The goal of the program is to develop the skills of players so that those who wish to play high school sports are prepared. We strive to have a strong and competitive athletic program while enjoying good sportsmanship and fun!

Afterschool sports may include: girls volleyball, flag football, soccer, basketball and coed softball.

Coaches will have a meeting before each season begins to share information with students and families.

**Student Directories**
Student records are maintained by the school. These records include information such as date and place of birth, parent or guardian contact information, grades, test scores, course information, special education records, disciplinary records, health records, attendance records, records of past schools attended, and various information which may aid in the identification of the student. Parents and legal guardians have the right to inspect their student’s records and, in limited circumstances, request changes to those records.

Student records are private and will not be disclosed, without written consent, to individuals other than parents and legal guardians except in certain circumstances. Exceptions may include disclosures made to school officials with legitimate educational interests, to another school at which the student intends to enroll, to state or local education authorities for auditing or evaluating federal or state supported educational programs, or that information designated as “directory information.”
**Student Health**

**Ilness or Injury:** Children should not be sent to school if they appear ill, have a temperature, or have other symptoms of illness. Children should remain at home until their health permits them to participate in all school activities.

The school has no way of caring for an ill or injured child other than to provide necessary first aid and an area where an ill or injured child may wait until his or her parents arrive. Our school Health Aide handles first aid and will be calling you if your child is ill or injured and needs to go home. She is not qualified to make diagnoses or to treat injuries.

Please make sure that the emergency contact form you filled out at registration is kept current. We will always try to contact parents first and then those noted on the emergency contact form.

**Medicines:** Medicines, whether they be prescription or over-the-counter, may not be brought to school without a Medicine Authorization Form completed and signed by a physician. School staff cannot be responsible for dispensing any medication, even aspirin, without this form. If your child must take medication during school hours, it must be brought to the office in the original container, with the signed form from the prescribing physician.

**Nutrition** In order for your children to learn as best they can each day, they require a nutritious, well-balanced diet. Please make every effort to feed your child a nutritious breakfast each day before school. NCS provides a healthy snack to all our students during the first recess. Sharing of food is not allowed. Gum is also not allowed at school unless given specific permission by their teacher.

**Sleep:** It is very important for your child to get the appropriate amount of sleep. As active, growing individuals, children require anywhere from 8 – 12 hours of sleep nightly. A routine is often helpful in making sure children get enough sleep. Please set a regular bedtime for your child and enforce it consistently, even on the weekends.

**Immunizations:** To ensure a safe learning environment for all students, NCS strictly follows and abides by the health standards set forth by the State of California. The immunization status of all students will be reviewed periodically. Those students who do not meet the State guidelines must be excluded from school until the requirements are met.

**Screenings:** Hearing and vision screening is conducted for students in 2nd, 5th, and 7th grades

**Suspension and Expulsion**

The following behaviors may result in immediate suspension:
- Causing, attempting to cause, or threatening to cause physical harm to another person.
- Fighting and/or biting
- Disrupting school activities
- Defying the valid authority of a teacher, administrator, or other adult at the school
- Stealing or attempting to steal school or private property.
- Committing an obscene act or engaging in habitual profanity or vulgarity
- Sexual harassment or other verbal, visual, or physical conduct of a sexual nature.
- Using hate language

If a child is suspended, the parent/guardian will be called and a letter will be sent home with the child stating the specific education code the student violated, where the suspension will take place and for how long.

Any student who is in possession of a firearm will be recommended for expulsion from school.

**Textbooks**

Textbooks are provided free on a loan basis. Students will be held accountable for their care and return. If a book is lost or damaged, the student is responsible for the book. All books are accounted for at the end of the school year or when a student transfers. Textbooks are expensive, most are in the $70.00-$120.00 range. Students are encouraged to take very good care of their books.

**Visitations**

Parents are encouraged and welcomed to visit their children's classrooms.

**ALL VISITORS AND VOLUNTEERS MUST COME TO THE OFFICE TO SIGN IN AND OBTAIN A VISITOR BADGE BEFORE GOING TO A CLASS.**

Children of friends or relatives visiting your home are not permitted to attend school nor visit classrooms during school hours.

**Volunteers**

Parent involvement in the instructional program is encouraged. Volunteers may assist in the classroom, in the library, on field trips, and/or at home preparing materials for use at school. Parents who are interested in being a volunteer should contact the classroom teacher. Preschool age children should not be brought to school when parents volunteer in the classroom.
What Not To Bring To School

KNIVES, GUNS, OTHER WEAPONS: It is against the law for students to bring these items to school.

TOYS: Toys are out of place in the classroom and should be left at home unless they are brought for sharing with the consent of the teacher. If your child brings a toy for sharing it should be kept in a safe place by the teacher and not played with on the school grounds.

ELECTRONIC GAMES, MP3 PLAYERS, CELL PHONES: These items are expensive and easily broken. They can also become a source of dispute or conflict. If brought to school they may be taken and held in the school office to await parent pick-up.

PLAY EQUIPMENT: The school has a supply of play equipment which should be adequate for student use. Please don’t bring any equipment from home, as it causes problems on the playground.

Nord Country School is prohibited from discriminating on the basis of sex (including pregnancy, childbirth, breastfeeding or related medical conditions), race, religion (including religious dress and grooming practices), color, gender (including gender identity and gender expression), national origin (including language use restrictions and possession of a driver's license issued under Vehicle Code section 12801.9), ancestry, physical or mental disability, medical condition, genetic information, marital status, registered domestic partner status, age, sexual orientation, military and veteran status or any other basis protected by federal, state or local law or ordinance or regulation.