



NORD COUNTRY SCHOOL  
2022-2023  
**September**



**\*Breakfast Menu K-8th\***

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Sandwich Fruits & Juices	French Toast Sticks Fruits & Juices	Whole Grain Donut Fruits & Juices	Eggs & Biscuit Fruits & Juices	Assorted Muffins Fruits & Juices

**\*\*School Lunch Menu K-8th\*\***

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			<b>PAPA MURPHYS PIZZA</b> Fruit & Veggie Bar	<b>SPAGHETTI</b> Meat Sauce Garlic Bread Salad Bar
5	6	7	8	9
<b>NO SCHOOL</b>	<b>POCKET TACO</b> Rice Fruit & Veggies Bar	<b>CHEESEBURGER</b> Chips Watermelon Fruit & Veggie Bar	<b>PAPA MURPHYS PIZZA</b> Fruit & Veggie Bar	<b>TURKEY &amp; CHEESE HOAGIES</b> Chips/Dip Salad Bar
12	13	14	15	16
<b>CHICKEN BURGER</b> Lettuce/pickle chips Fruit & Veggie Bar	<b>TACO</b> Lettuce/tomatoes Fruit & Veggie Bar	<b>HOT DOGS</b> Pickles Chips Salad Bar	<b>PAPA MURPHYS PIZZA</b> Fruit & Veggie Bar	<b>MAC 'N CHEESE</b> Garlic Bread Fruit & Veggie Bar
19	20	21	22	23
<b>CHICKEN FINGERS</b> French Fries Fruit & Veggie Bar	<b>TAQUITOS</b> Beans & Rice Fruit & Veggie Bar	<b>HAMBURGER</b> Chips Watermelon Salad Bar	<b>PAPA MURPHYS PIZZA</b> Fruit & Veggie Bar	<b>ITALIAN SUB SANDWICHES</b> Chips Salad Bar
26	27	28	29	30
<b>SLOPPY JO SANDWICHES</b> Coleslaw Fruit & Veggie Bar	<b>BEAN &amp; CHEESE BURRITOS</b> Chips & salsa Fruit & Veggie Bar	<b>CHILI DOGS</b> Chips Watermelon Salad Bar	<b>PAPA MURPHYS PIZZA</b> Fruit & Veggie Bar	<b>FISH STICKS</b> Fruit Cup Salad Bar

**\*\*1% unflavored Milk and Fruit or Juice offered daily with Breakfast**

**\*\*1% unflavored & low-fat Flavored Milks and Fruit offered daily with Lunch**

**\*\*Fruit and Veggie Bar offered Monday –Thursday**

**\*\* Menu Subject to change**