



# NORD COUNTRY SCHOOL

## September 2023

### Breakfast Menu\*

Monday	Tuesday	Wednesday	Thursday	Friday
Benefit Bar Cereals, Fruit Yogurt	WG Blueberry Muffin Cereals, Fruit Cheddar Cheese	Whole Grain Bagel Cereals, Fruit Yogurt	Benefit Bar Cereals, Fruit String Cheese	WG Chocolate Muffin Cereals, Fruit Yogurt

### Lunch Menu\*

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Stuffed Pepperoni Sticks/Marinara Fresh Applesauce Fruit/Veggie Bar
4 Labor Day Holiday	5 Cheeseburger Chips Pickles/Peaches Fruit/Veggie Bar	6 Taco Casserole Empanadas Fruit/Veggie Bar	7 Pizza Day Fresh Apple Betty Fruit/Veggie Bar	8 Chicken Sandwich Corn on the Cob Fruit/Veggie Bar
11 Macaroni and Cheese Green Beans Apricots Fruit/Veggie Bar	12 Orange Chicken Rice Fortune Cookie Fruit/Veggie Bar	13 Chicken Alfredo Bread stick Fruit/Veggie Bar	14 Pizza Day Pesto Noodles Fruit/Veggie Bar	15 Cheeseburger Chips Watermelon Fruit/Veggie Bar
18 Chicken Tenders Fresh Ranch/Celery Pretzels Fruit/Veggie Bar	19 Pasta Bake Garlic Breadstick Fruit/Veggie Bar	20 Enchilada Pie Spanish Rice Fruit/Veggie Bar	21 Pizza Day Spicy Potatoes Fruit/Veggie Bar	22 Hot Dogs Cheesy Chili Beans Watermelon Fruit/Veggie Bar
25 Burritos/Taquitos Chips & Salsa Fruit/Veggie Bar	26 Corn Dogs Chips Pears/Snap Peas Fruit/Veggie Bar	27 Fish Sticks Tater Tots Peaches Fruit/Veggie Bar	28 Pizza Day Chips Salsa Cup Fruit/Veggie Bar	29 Chicken Legs Hot Corn Texas Toast Fruit/Veggie Bar

1% unflavored & low-fat flavored milk offered with Breakfast and Lunch daily.

Whole Grain Cereal offered daily at Breakfast.

**\*Menu Subject to change**